# HELPING

RESOURCE GUIDE 2016



The Helping Hands Resource Guide was developed for use by professionals and human services agencies. The guide is to be used in helping our clients find the proper resources for their particular needs. It provides quick access to basic information on many of the human services agencies and programs in the Clinton County area.



Information, Referral & Assistance Services grants permission to reprint any or all of this booklet for nonprofit purposes.



We apologize for any errors or omissions that may have occurred in the data collection or printing of this Helping Hands Resource Guide.



If you have a service not addressed in this guide or you have corrections, additions or changes, please feel free to submit them to:

Information, Referral & Assistance Services 415 So. 3<sup>rd</sup> St.
Clinton, Iowa 52732

Phone: (563)243-5818 Fax: (563)243-2918

Email: irasclinton@qwestoffice.net

PUBLISHED BY:



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# BASIC NEEDS Clothing

Benevolent Society243-4148
100 South 2 <sup>nd</sup> Street, Clinton 52732
Free clothing, household items and occasionally furniture.
Donations accepted Mon-Fri (back door)
Hours: 1:30pm-4:00pm Closed Wednesday
Carroll Assistance Center563-374-1520
See Multiple Needs
Concerned DeWitt Citizens
Information & Referral Service 563-659-9612
See Multiple Needs
Information, Referral & Assistance243-5818
415 South 3 <sup>rd</sup> Street, Clinton 52732
Work/school clothes, shoes, related items
For low income. See Multiple Needs.
Victory Center242-9016
See Multiple Needs
EMERGENCY SHELTERS
Bethany for Children & Families309-793-6391
Transitional Housing for Chronically
Homeless Families and Youth
1830 6 <sup>th</sup> Ave. Moline, Ill 61252
Christian Care Rescue Mission309-786-5734
2209 3 <sup>rd</sup> Ave, Rock Island, Ill. 61201
See Veterans
Crouch Youth Transitional Housing309-793-6391
Program
418 19 <sup>th</sup> St., Rock Island, III 61201
Male youth up to 23 years old. Homeless. Assist with
Rent and clothing.
Humility of Mary Housing, Inc 563-326-1330
<b>3805 Mississippi Ave., Davenport, IA 52807</b> Transitional housing. 2yr. program to help single parents
with children who are homeless to become self- sufficient.
King's Harvest Ministries563-570-4536
824 West 3 <sup>rd</sup> St., Davenport, IA 52802
Multiple programs for men, women and families including
evening winter emergency

# **FOOD**

Emergency Shelters (continued)	
Salvation Army of the Quad Cities563-324-4808 301 West 6 <sup>th</sup> St., Davenport, IA 52801 Single or married women (no children Domestic Violence situation). Families only (mothers and kids or fathers and kids or full families, unmarried couple with children.	
<b>Sojourner House Transitional Shelter309-793-6391</b> Shelter for single women, no children, homeless 418 19 <sup>th</sup> St. Rock Island, Illinois 61201	
St. Joseph the Worker House309-788-0692 901 20 <sup>th</sup> St., Rock Island, Ill. 61201 Shelter for Women and children. No boys over 12 yrs. old. A 3 month program that works with Open Door, Social Service and Skip Along Agency.	
The Place 2B	
The I80 Zone	
Winnie's Place309-764-9466 Moline, Ill. 61265 Women with or without children for any reason including homeless or domestic violence. No boys over 11yrs. of age.	
Victory Center Ministries242-9016	

Pantries United243-5818 415 South 3 <sup>rd</sup> Street, Clinton 52732 Referrals made by:
Information, Referral & Assistance
Emergency food provided at sites for residents of Clinton,
Camanche and outlying areas of Clinton County.
Pantries United Food Sites
Benevolent Society243-4148
100 South 2 <sup>nd</sup> Street Clinton, IA 52732
Serves people living on and North of 5 <sup>th</sup> Ave So. Clinton
and the outlying county not covered by other sites.
M, T, TH, F—1:30PM-4:00PM
(Referrals though Information, Referral & Assistance)
Hands of Hope/Free in Jesus243-0368
325 11 <sup>th</sup> Ave. S
Serves people living south of 5 <sup>th</sup> Ave So. Clinton T, W, TH, F 10:00AM-3:00PM
(Referrals though Information, Referral & Assistance)
Carroll Assistance Center563-374-1520
See Multiple Needs
Child & Adult Care Food Program
Community Action of Eastern Iowa243-5220
240 No. Bluff Blvd Suite 203
Reimburses home care providers for qualifying meals
served to children and adults in their care.
Concerned DeWitt Citizens563-659-9612
Information & Referral Services
See Multiple Needs.
Elvira Food Pantry(Bob Lilly) 563-559-0144
Nancy Smith563-522-2312
Elvira Zion Lutheran Church563-522-2177
2207 380 <sup>th</sup> Ave. Clinton 52732 <u>robertlilly@gmail.com</u>
Area served is West of Clinton—East of DeWitt and South
to Folletts—North to Maquoketa.
Food Stamps, DHS242-0573
121 6 <sup>th</sup> Ave So. Clinton 52732
Administered by Department of Human Services.
Lost Nation Food Center563-678-2305
Emergency number563-678-2229
401 Main Street, Lost Nation 52254
Serves 20 mile radius, excluding city of Maquoketa
Open 9:00am—10:00am Fridays
Mobile Meals United, Inc. (RSVP)243-7787
Volunteers deliver hot, nutritious noon meals to Clinton
area elderly, disabled and other shut-ins.
Smart Choice Food Source242-5740
Christ Episcopal Church
2100 N 2 <sup>nd</sup> Street, Clinton
Call in and Tues Med Fri 0.00s as 12.00s as

Homeless Shelter for Men.....242-9016

Homeless Shelter for Women and Children.....357-8552

516 9<sup>th</sup> Ave So., Clinton 52732

505 9<sup>th</sup> Ave So, Clinton 52732

100 6<sup>th</sup> Ave N, Clinton 52732

Call in order Tues., Wed., Fri. 9:00am-12:00pm

### Food (continued)

Hillcrest Family Services, W.I.C.....243-9329

Hillcrest Family Services, W.I.C243-9329
215 6 <sup>th</sup> Ave So, 1 <sup>st</sup> Floor, Clinton 52732
Nutrition and breast feeding education and supplemental
food program.
HOUSING
<u>HOUSING</u>
City of Clinton
City of Clinton
lowa Housing Authority243-1280
215 6 <sup>th</sup> Ave So Suite 33, Clinton 52732
Provides rental assistance for eligible low-income elderly,
disabled, families and singles.
Clinton County Conoral Assistance 344 0576 Fut 5534
Clinton County General Assistance244-0576 Ext 5534
See Multiple Needs
Clinton Formanical Housing 242 1290
Clinton Ecumenical Housing 243-1280 215 6 <sup>th</sup> Ave So Suite 33 Clinton 52732
Provides subsidized apartment living for eligible
low-income elderly and/mobility impaired. Two locations:
Part Tower Apartments 329 6 <sup>th</sup> Ave S
Lyons Manor Apartments 318 Main Ave
Community Action of Eastern Iowa243-5220
See Multiple Needs.
see Multiple Needs.
Habitat for Humanity of Clinton County, Inc242-4494
PO Box 2282, Clinton 52733-2282
clintoncountyiowahabitat.com
clintoncountyiowahabitat@yahoo.com
Meets 2 <sup>nd</sup> Monday of each month at 5:30PM a Zion
Lutheran Church 439 3 <sup>rd</sup> Ave S. Seeking volunteers for
construction and committees.
construction and committees.
Hightower Place242-2042
See Substance Abuse.
King House242-6805
See Substance Abuse.
ND Housing243-2262
See Substance Abuse.
Pathway Living Center242-3687
See Mentally/Physically Challenged.
Votorone Outrooch to Homeless 240 420 5220
Veterans, Outreach to Homeless319-430-5230
Illinois residents call800-346-1843
Iowa City Health Care System. Housing referrals.
Victory Center242-9016
See Multiple Needs.
see marapie meeus.

#### **UTILITIES**

Carroll Assistance Center......563-374-1520 See Multiple Needs. Clinton County General Assistance... 244-0576 Ext 5537 See Multiple Needs. Community Action of Eastern Iowa.....243-5220 See Multiple Needs. Information, Referral & Assistance.....243-5818 See Multiple Needs. Link-Up /Lifeline......888-641-8722 www.lifelinesupport.org. Assists qualified low income Iowans to obtain basic telephone service and a monthly reduction on their phone bill. Operation New View......563-556-5130 1473 Central Ave. Dubuque 52001-4853 Provides LIHEAP Utility assistance. **MULTIPLE NEEDS** Carroll Assistance Center......563-374-1520 102 West Washington St. Wheatland 52777 Offers assistance for medical, prescriptions, fuel, school supplies, food, electricity and rent. Community Action on site Wednesdays 10am-4pm Visiting Nurses 1<sup>st</sup> Wednesday of the month 10am-11:30 Clinton County General Assistance...244-0576 Ext.5537 1900 No 3<sup>rd</sup> St. Clinton 52732 Short term crisis assistance for rent, utilities, medicine and emergency food vouchers. Community Action of Eastern Iowa.....243-5220 240 No Bluff Blvd. suite 203, Clinton 52732 www.iacommunity action.org DeWitt Community Action.....563-659-8492 1415B 11<sup>th</sup> S t. DeWitt 52742 Provides energy assistance, rental assistance (with evictions) and first month rent, weatherization. School supplies for low income. Family Development and Self Sufficiency. Head Start, Preschool and Child Care Resources. Concerned DeWitt Citizens.....563-659-9612 Information & Referral Services......563-659-5632 615 8<sup>th</sup> St. DeWitt 52742 Information and referrals to DeWitt area agencies. Food,

DeWitt Central School District.

Thrift shop open to the public.

Clinton/Jackson Counties.....242-0573

clothing and other limited aid to low income residents of

#### Multiple Needs (continued)

# Information, Referral & Assistance......243-5818 415 So 3<sup>rd</sup> St. Clinton 52732

Provides information & referral services for Clinton County, Administers Pantries United food sites. Limited emergency financial aid for utilities, housing, medication, personal needs and other crisis situations. Coordinates financial and non-financial aid from a variety of community resources.

# Operation New View (Jackson County)....563-652-5197 904 East Quarry St. Maquoketa 52060

Local CAP agency. Provides multiple assistance services.

#### **Veterans Affairs**

Clinton County Commission.....242-1151 See Veterans.

# Victory Center.....242-9016 505 9<sup>th</sup> Ave So. Clinton 52732

Emergency shelter for men, women and children. Three meals a day served. General clothing and household items, including some furniture. Small charge based on ability to pay.

#### **CHILD CARE**

### **Child Care Resource and Referral**

Community Action of Eastern Iowa.....243-5220

Offers Child Care Centers and Home Care Provider trainings, grant money, food program and consulting services.

#### **DHS, Iowa Department of Human**

Services......866-488-4605

Provides help with daycare costs. Administers Title 4 child care programs. Free health and safety information for home and center based child care providers.

# Prince of Peace Preschool and Childcare.....242-9258 245 26<sup>th</sup> Ave No, Clinton 52732

Preschool program for 3, 4 and 5 year olds, also Childcare. Hours: 7am-5:30pm.

# Stay-N-Play Childcare/Preschool......242-1214 1811 27<sup>th</sup> Ave So, Clinton 52732

Childcare and preschool for children 18 months to 12 years. Hours 6: am-6: pm.

# YWCA Children's Center ......244-8340 317 7<sup>th</sup> Ave So. Clinton 52732

Child care and early learning educational programs for children 6 weeks—11 years. Before and after school child care, school district provides transportation from select schools to the YWCA.

Hours for 2<sup>nd</sup> shift workers 5:30pm –12:00am.

#### **Child Care** (continued)

### YWCA Children's Center Lyons Campus 250 20<sup>th</sup> Ave North, Clinton 52732......242-2190

Child care and early learning educational programs for children 6weeks—5years.

Hours 6:00am to 6:00pm.

# Zion Child Care Preschool.....243-9393 430 3<sup>rd</sup> Ave So Clinton 52732

Day care and preschool programs for children 6 weeks to

#### **COMMUNITY RESOURCES/SERVICES**

# Citizens Police Academy......243-1455 113 6<sup>th</sup> Ave So. Clinton 52732

14 week training for citizens interested in law enforcement who want to know more about the police department and its operations.

City Animal Control.....243-1458

Call for stray animals or suspected abused animals.

### Clinton Area Chamber of Commerce.....242-5702 721 So 2<sup>nd</sup> St. Clinton 52732

Non-profit dedicated to improving the economic climate of the Clinton area. Memberships available to businesses and individuals.

#### S.C.O.R.E.

Counseling for those wanting to establish a new business and free counseling for existing small businesses.

### **Clinton Convention & Visitors Bureau**

Our main goal is to maximize the overnight Clinton visitor potential.

#### The Clinton Downtown Partnership

Our mission is to keep the enhancement of Clinton's downtown a high priority in the community and to stimulate action focusing on downtown revitalization.

# **Clinton Regional Development**

Our goals are to improve the regional business climate by attracting new industry and encouraging quality jobs.

# Clinton County Community Needs Assessment Emergency Preparedness Plan

**Genesis Visiting Nurse Association.....242-7165**See Disaster Relief.

# Clinton Humane Society......242-2457 1473 Main Ave, Clinton 52732

Provide care and shelter for stray animals; pet adoptions available. Educational programs for children. Temporary housing of pets for victims of domestic abuse and disasters.

# Clinton/Jackson Coalition for the Homeless PO Box 1213 Clinton, 52733-1213

Multi-agency organization meets monthly on housing and homeless issues in Clinton & Jackson Counties.

### **Community Resources** (continued)

Clinton County Make-A-Wish Foundation......249-9016 1507 Honey Lane, Clinton

Clinton County President, Barb Jacobsen

Work to fulfill the wishes of seriously ill children.

Council of Social Agencies 215 6<sup>th</sup> Ave So. Suite 33 Clinton 52732 (mailing address only) csa.clintoncounty@gmail.com

Provides network opportunities for local service agencies

Department of Community Development......244-3360 110 5<sup>th</sup> Ave So. Clinton 52732

**City of Clinton Engineering Department** 

Responsible for new construction of streets.

Clinton Building and Neighborhood Services.

Deals with housing, tenant/landlord responsibilities. Rental property housing inspections.

Building code inspections and nuisance abatement.

# Getting Ahead in a Just-Getting'-by-World 563-613-0096

215 6<sup>th</sup> Ave. So. Ste. 33, Clinton, IA 52732

Getting Ahead program is based on the Framework of ruby Payne, Ph. D. that helps people living in poverty rise above the tyranny of the moment to find their future plan. For information call Maribeth (phone above) or Jeni 563-593-0442.

Holiday Network (RSVP) ......243-7887

Local agencies and community groups come together to screen and coordinate the giving of Christmas food and toys, clothing, etc., for low-income families and individuals. Donations welcome.

# Midwest Pets for Life......249-2206 PO Box 3205, Clinton, IA 52732

Provides assistance to the elderly, disabled, and low-income per owners in times of need by offering pet retention programs, services and education while implementing sustainable programs and services that enhance companion animal ownership. Mobile clinics providing shots, spays and neuters also available.

#### **Public Libraries**

306 8 <sup>th</sup> Ave So. Clinton	242-8441
102 12 <sup>th</sup> Ave, Camanche 52730	259-1106
505 10 <sup>th</sup> St., DeWitt 52742	563-659-5523

# Red Cross, American...... 242-5223 1220 13<sup>th</sup> Ave No. Clinton 52732

Weekly and community blood drives ensuring a safe and adequate blood supply for the nation.

Call for more information.

# **Community Resources** (continued)

# Soaring Eagle Nature Center.....563-847-7202 Located just before Eagle Point Park

Open by appointment. Barn serves as educational center. Has nature trails, prairie grasses, flowers and wildlife. Also one-room schoolhouse and children's exhibits. Environmental education classes available during school

# United Way of Clinton County Iowa.....242-1209 405 So 3<sup>rd</sup> St, Ste. 200, Clinton 52732

Raises money to fund agencies that meet the most pressing needs in Clinton. Services not provided to individuals.

#### **COUNSELING/MENTAL HEALTH**

#### **Bridgeview**

Community Mental Health Center......243-5638 638 So Bluff Blvd 2<sup>nd</sup> Floor Bluff Building, Clinton 52732 www.bridgeviewcmhc.com

Accredited, non-profit community mental health center. Psychiatric evaluations, medication management, psychological testing, counseling for individuals, couples and families; community support services, Integrated Health Home, and education to schools and the community. Sliding fee. Emergency services. Medicaid and Medicare accepted as well as most private insurances.

# Clinton Community School District......243-9600 Administration Center:

# 1401 12<sup>th</sup> Ave N. Clinton 52732

Offers ongoing support groups for elementary through middle school students who are interested in learning and coping with issues that face children today. Contact your school counselor.

# Cornerstone Wellness Center......243-6054 1523 So Bluff Blvd, Clinton 52732 Cornerstonewellnesscenter@hotmail.com

Group and individual counseling service. Play therapy. Evaluation of learning and attention problems. Sliding fee. Title X1X accepted.

# The Healing Place.....242-9210 215 6<sup>th</sup> Ave So Suite 25, Clinton 52732

Provides therapy for individuals, families and couples, including play therapy for children. Accepting most insurance, including Title X1X.

# Hillcrest Family Services...... 563-652-4958 117 So Olive, Maquoketa 52060

### www.hillcrest-fs.org

Specialize in remedial therapy. DHS referrals or private pay. Counseling and family therapy for multi-problem families. Medication management available.

### Counseling/Mental Health (continued)

# Lutheran Services of Iowa......243-8200 315 5<sup>th</sup> Ave So Clinton 52732

#### www.lsiowa.org

Mental health, family counseling, adoptions, adoption home studies, foster care and foster care licensing. Also probation tracking services. Sliding fee scale.

Mercy Medical Center Behavior Health......244-3653 Psychiatric inpatient program. Open 24 hours.

3-5 days stay with physician referral.

The Pregnancy Center......243-6628 240 N Bluff Blvd., Ste. 105

Mon.-Thus, 12pm-5pm. Free pregnancy tests, confidential peer counseling, information on pregnancy, sexual

#### **DISASTER RELIEF**

Benevolent Society......243-4148 100 So 2<sup>nd</sup> St, Clinton 52732

Supplies clothing, household items, furniture and small appliances when available.

Clinton County Community Needs Assessment Emergency Preparedness Planning Genesis Visiting Nurse Association......242-7165 611 No 2<sup>nd</sup> St, Clinton 52732

Data collection, facilitation, revision and implementation of emergency planning.

#### **Gateway Area Chapter**

American Red Cross.....242-5223 1220 13<sup>th</sup> Ave No Clinton 52732

### www.gatewayredcross.org

Free disaster assistance—no payment expected or accepted. For large or small disasters, Red Cross workers focus on victim's basic needs: shelter, food, clothing and counseling. Helps obtain temporary housing, lost medications and other necessities. Long term assistance provided when other resources such as insurance benefits of government assistance are delayed insufficient or unavailable. Call for more information. See Education.

Salvation Army......242-4502 219 1<sup>st</sup> Ave. Clinton 52732

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Crisis aid to disaster victims and relief to rescue personnel.

#### **EDUCATION**

#### **Community Schools**

Calamus-Wheatland: Superintendent.......563-374-1292
110 Park Road East, Wheatland 52777
Camanche: Superintendent.......259-3000
702 13<sup>th</sup> Ave Camanche, 52730
Central Community: Admin Center......563-659-0700
331 East 8<sup>th</sup> St. DeWitt 52742
Clinton Community: Admin Center......243-9600
1401 12<sup>th</sup> Ave N, Clinton 52732
Delwood: Superintendent.................563-674-4164
311 Delmar Ave. Delmar 52037
Northeast Community: Superintendent.....563-577-2249
1450 370<sup>th</sup> Ave. Goose Lake 52750

# Post-Secondary/Adult Education

# Clinton Community College, Eastern Iowa......244-7001 1000 Lincoln Blvd. Clinton 52732

Adult education programs including GED, literacy, and English as a second language. Offers programs leading to an Associate of Arts degree for transferring and Associate of Applied Science degrees in a variety of Career and Technical Programs.

## Iowa State University Extension Office.....563-659-5125 Clinton County: 400 East 11<sup>th</sup> St. DeWitt 52742

Information and education for Clinton County residents about agriculture and natural resources, business and industry, community and economic development, families, 4-H youth development and continuing education.

# **Private Schools**

#### **Miscellaneous Education**

Clinton Humane Society......242-2457 1473 Main Ave. Clinton 52732

Provides animal education programs, dog bit prevention, dog fight awareness and humane treatment of animals.

Gateway Area Chapter

American Red Cross.....242-5223 1220 13<sup>th</sup> Ave No. Clinton 52732

Our community leader in health and safety education. Call for more information about free CPR. First Aid and other Red Cross preparedness trainings and class schedules.

#### **Education** (continued)

Head Start
Community Action of Eastern Iowa......243-5220
240 No. Bluff Blvd Ste.203
DeWitt.......563-659-8492
1415B 11<sup>th</sup> St. DeWitt 52742
Operation New View.......563-556-5130
1437 Central Ave. Dubuque 52001-4853

Preschool education that includes parental involvement for low-income families.

### Mississippi Bend Area Education Agency......242-6454 No 3<sup>rd</sup> St. Clinton 52732

#### www.aea9.k12.ia.us

Special education staff members work with parents, school staff and outside agencies to plan and support equitable access to quality education for all students, and early intervention services to infants and toddlers with disabilities.

### The Pregnancy Center.....242-6628 240 N Bluff Blvd., STE. 105 Clinton, IA 52732

Group, church and classroom presentations on sexual health, abstinence and relationship education. Focusing on choices, peer pressure, and temptation teaching practical skills for healthy relationship.

Women's Health Services......243-1413 2635 Lincolnway, Clinton, IA 52732 229 So Main St., Maquoketa 52060......563-652-3749 Or 800-664-1413

Group, church and classroom instruction on sexuality, human growth and development, abstinence and refusal skills, etc. HIV, STD and sexual responsibility information. See Health/Medical also see Counseling.

#### **EMPLOYMENT/JOB TRAINING**

Goodwill of the Heartland Employment
Services and Homeless Veterans
Reintegration Program......563-327-0150
121 West Locust Street, Ste 300 Davenport 52803
www.goodwillheartland.org

Provides employment, training and support services.

# Iowa@Work 326 West 3<sup>rd</sup> Suite 710, Davenport 52801 563-336-3499

Provide job search and training assistance to youth, adults and dislocated workers.

1000 Lincoln Blvd. Rm 170, Clinton 52732 563-244-7141

Call for an appointment Mon-Thurs 8:00-4:30

501 West Washington St. Maquoketa 52060 563-652-5000

Call for an appointment Mon-Tues 8:00-4:30

#### Employment/Job Training (continued)

Iowa Workforce Development 902 West Kimberly Rd Suite 51 Davenport, IA 52806-5783

www.iowaworkforce.org

Assistance with job placement, job insurance claims, job search training and resume preparation.

Job Corps......563-445-0656 Melissa Strutz-Admissions Counselor 902 West Kimberly, Davenport 52806 Strutz.melissa.jobcorps.org

Residential, educational and occupational training for lowa-income youths ages 16-24. For parent students, single parent dorms, parenting classes, day care during class.

Promise Jobs......563-336-3484 326 West 3<sup>rd</sup> Suite 910 Davenport, IA 52801

Provides job training to develop and improve skills.

#### **HEATH/MEDICAL**

#### AIDS/HIV/STDs

# The Project of the Quad Cities......309-762-5433 www.apqc4life.org

Prevention service for those at high risk and community education. Provides services to persons with HIV/AIDS and limited service to friends & family members in the same household.

# The Pregnancy Center.....242-6628 240 N Bluff Blvd., Ste. 105 Clinton, IA 52732

Mon.-Thus, 12pm-5pm. Pregnancy tests, confidential peer counseling, information on ultrasound, post abortion support, sexual health, pregnancy, and education on options. TREE 3 mentoring program offers classes in parenting, prenatal, infant care, relationships, and Bible Study. Incentive program has diapers, formula, clothes, and toiletries for purchase with moneys earned in TREE 3 class.

Women's Health Services......243-1413 2635 Lincolnway, Clinton 52732 229 South Main St. Maquoketa 52060.....563-652-3749 Or 800-664-1413

Education and confidential testing for STDs and HIV/AIDS.

#### Alzheimer's

Harmony House......244-3516 Mercy Center for Dementia Care: 638 So Bluff Blvd, Clinton 52732

Special unit caring for those with cognitive impairment due to Alzheimer's or related dementia with specially trained staff.

#### Health/Medical (continued)

#### **Miscellaneous Health**

Blood Pressure screening......243-2511 Medical Associates: 915 13<sup>th</sup> Ave No. Clinton 52732 Free screening from 9am-11am Saturdays only.

Clinton County Health Department......563-659-8148 226 11<sup>th</sup> Street, DeWitt 52742

Referrals to Genesis VNA for public health services. Tests, inspects and issues permits for wells and septic systems. Investigates environmental health situations.

#### **Clinics**

Child Health Specialty Clinic......243-0292 1663 Lincolnway Ste. E, Clinton 52732

Information and referral for children and youth with behavioral and emotional challenges. Providing assessment, diagnosis, care coordination, parent and youth support. Take Title 19 and insurance.

Community Health Care Clinic.....563-336-3000 925 South 4<sup>th</sup> Street Clinton, IA 52732

Offers primary medical care in Internal Medicine and pediatric services. Sliding fee based on family size, income and Medicaid eligibility.

Genesis Health Group of Clinton......242-7522 221 Main Ave, Clinton 52732

Family practice and internal medicine.

Medical Associates......243-2511 915 13<sup>th</sup> Ave No Clinton 52732 Medical Assoc.—Urgent Care.......243-1200 2400 Lillian Way, Clinton 52732

Women's Health Services......243-1413 2635 Lincolnway, Clinton 52732 229 So Main St. Maguoketa 52060......800-664-1413

### **Community Health**

American Diabetes Recognized Program......519-0309

Offers one on one diabetic teaching.

Mon-Fri @ Medical Associates.

Offers 24/7 on call basic assistance.

Diabetes Support Groups—No Charge—Community

Clinton: second Tuesday of the month @ 7:00pm,

Medical Associates West Annex.

DeWitt: Third Monday of the month @ 7:00pm,

DeWitt Family Health Clinic.

Savanna: Third Tuesday of the month @ 7:00pm,

Savanna Public Library (downstairs)

Morrison: Fourth Tuesday of the month @1:30pm,

Presbyterian Church (downstairs).

Fulton: Fourth Thursday of the month @ 9:00am,

Fulton Township Hall.

#### Health/Medical (continued)

Child Health Specialty Clinic.....243-0292 1663 Lincolnway, Ste. E, Clinton 52732..877-243-0292

"The help you want when you need it." Information and referral for children/youth with behavioral and emotional challenges. Providing assessment, diagnosis, care coordination and parent & youth support. Takes Title 19 and insurance.

Department for the Blind, Iowa.....800-362-2587 524 4<sup>th</sup> St, Des Moines 50309 www.IDBonline.org

A State agency providing a wide variety of services because of vision loss. Counselors and teachers will travel state wide to meet with individuals in the homes. Also features a residential training program located in Des Moines. Library services provide materials in alternative formats mailed to our home. While there is no cost to the services listed above, the Department also offers a small Aids and Device Store which sells a wide variety of adaptive devices and low vision aids.

Genesis Visiting Nurse Association.....242-7165 611 No 2<sup>nd</sup> St. Clinton 52732

1108 11<sup>th</sup> Ave, DeWitt 52742......563-659-5548

In-home nursing care by a registered nurse, Home Care Aide services including personal care and basic housekeeping. Physical, occupational and speech therapy, counseling services, medication management. Free doctor referral for those unable to pay.

Sliding fee available. 24 hour-on-call nursing service.

Breast & Cervical Cancer Screening program..244-4925

Care for Yourself is a no-cost program offered by the Iowa Department of Public Health & coordinated by the VNA for Iowa women aged 40 & over( younger if experiencing a breast symptom). CFY has generous income guidelines, & does not require documentation of income or citizenship.

Cardiovascular Program—Wisewoman

Cardiovascular screening for eligible women.

#### **Childhood Lead Poisoning Prevention Program**

State certified Lead Inspector, Environmental and medical management of the child with elevated lead level until home is determined to be lead safe.

Community education upon request.

#### **Communicable Disease Reporting**

Clinton County Communicable Disease reporting and follow up to the Iowa Department of Public Health.

Community Health Assessment every 5 years starting in 2015

#### **Community Outreach Nurse and Foot Care**

Health care screening and assessment services for the elderly. Foot care clinics. The Client receives foot care, nail care and assessment with education.

#### **Health Promotion visits**

Teaching of wellness, self-care concepts, primary-prevention of disease, and health maintenance for eligible clients.

#### **Skilled Nursing Service**

In-home nursing care by a registered nurse. Home Care Aid services include; personal care and basic housekeeping, physical, occupational and speech therapy, counseling services and medication management.

# Health/Medical (continued)

# Iowa Department of Public Health.....800-369-2229 Women's 40+Program

Referrals and information on breast and cervical issues for women.

The Healing Place.....242-9210 215 6<sup>th</sup> Ave So. Clinton 52732

Provides therapy for individuals, families and couples, including play therapy for children. Accepting most insurances, including Title 19.

Providence Therapy Services.....243-2286

Offering speech & occupational therapy evaluations and treatment, augmentative communication evaluations & therapy for all ages.

Pulmonary Rehab Program-Breathe EZ......243-2511 Medical Associates

915 13<sup>th</sup> Ave No. Clinton 52732

Focuses on education, breathing techniques and exercise for improving and maintaining respiratory health.

Emphasis on obstetrics/gynecology, prenatal care, family planning services and birth control. Affordable quality health care. Family planning service based on ability to pay. Community and school based services.

#### **Dental**

Community Health Dental Clinic......563-336-3221 925 South 4<sup>th</sup> Street Clinton, IA 52732

Offers general, restorative and preventative dental care. Sliding Scale Fee based on family size, income and Medicaid eligibility.

Hospital Dentistry Institute......319-356-2601 University of Iowa Hospitals and Clinics (Iowa City) www.uihealthcare.com/depts/hospitaldentistry

The institute provides the complete spectrum of dental, oral and maxillofacial surgical care services.

Counties in Iowa and Carroll & Whiteside and lower Jo Davies Counties in Illinois.

#### **Hospice Care**

Genesis Visiting Nurse Association......242-7165 611 No 2<sup>nd</sup> St. Clinton 52732 1108 11<sup>th</sup> Ave. DeWitt 52742......563-659-5548 Care for terminally ill individuals and their families.

Mercy Medical Center.....244-3666 638 So Bluff Blvd. Clinton 52732

Care and support for terminally ill and their families. Medicare certified. 24-hour phone. Serves Clinton & Jackson Counties.

### Health/Medical (continued)

### **Hospitals**

Genesis Medical Center......563-659-4200 1118 11<sup>th</sup> St. DeWitt 52742

Mercy Medical Center......244-5555 North Campus – 1410 No 4<sup>th</sup> St. Clinton 52732 South Campus – 638 So Bluff Blvd. Clinton 52732

University of Iowa Hospitals & Clinics.......800-777-8442 www.uihealthcare.com
Serving as Iowa's only comprehensive academic health

center.

#### **Immunizations**

Adult immunizations that are provided are Hepatitis B, TB testing, flu and pneumonia.

Women's Health Services......243-1413
2635 Lincolnway, Clinton 52732
229 So Main St. Maquoketa 52060......563-652-3749
Immunizations and health information. Lead screening, work, sport and school physical.

#### Medication

Information, Referral & Assistance.....243-5818 See Multiple Needs.

**Clinton County General Assistance..244-0576 Ext 5537**See Multiple Needs.

Patient Assistance, Linda Schroeder.....519-0270 638 So Bluff Blvd. Clinton 52732

Assists uninsured individuals in receiving prescription medications through the drug companies for a minimal fee.

Veterans Outreach to Homeless.................800-637-0128
Or for Illinois residents call.......800-346-1843
Department of Veterans Affairs, Iowa City Health Care
System.

#### **Respite Care**

Genesis Visiting Nurse Association.....242-7165 611 No 2<sup>nd</sup> St Clinton 52732 1108 11<sup>th</sup> Ave DeWitt 52742......563-659-5548 Offers rest and relief for caregivers

Mercy Medical Center-South.....244-3711 638 So. Bluff Blvd. Clinton 52732

24-hr respite care for persons whose caregivers cannot provide needed nursing services. Fee based on service.

#### Health/Medical (continued)

Veterans, Health Care for Homeless.......800-637-0128
Illinois residents call.....800-346-1843
Dept. Veterans Affairs, Iowa City Health Care System.

#### **LEGAL ASSISTANCE**

Child Support Recovery Unit.......243-8237

121 6<sup>th</sup> Ave So Clinton 52732......888-229-9223

Establish paternity and enforces child support and Medical orders for anyone requesting these services

#### H.E.L.P. Legal Assistance And

Senior Citizens Law Project......800-627-1596 Statewide number for persons under 60....800-532-1275 Statewide number for persons over 60......800-992-8161 www.iowalegalaid.org

Phone or walk-in intake. Simple wills, nursing home rights, living wills, health care and financial powers of attorney, landlord-tenant, veteran's benefits, domestic violence, welfare, SSI, Social Security, Medicare. Medicaid, unemployment compensation and unfair debt collection assistance.

Phone Applications: 9-11am, Monday through Friday and 1:30-3:30pm, Monday, Tuesday, Wednesday, Friday.

**Iowa Concern......800-447-1985**Financial questions, legal issues, family transitions, stress

24 hour phone service.

and related issues.

# Juvenile Court Services, Clinton County.....243-3349 121 6<sup>th</sup> Ave So. Clinton 52732

Services for family, school, personal or legal problems. Protect the community from delinquency, to impose accountability for offenses committed and to equip juvenile offenders with the required competencies to live productively and responsibly in the community.

# Liaison to Human Rights Commission.....244-3422 City Hall, 611 So 3<sup>rd</sup> St. Clinton 52732

Aid for cases involving discrimination because of age, race or sex in employment, housing. Etc.

Mental Health Advocate......888-301-3451
PO Box 2957, Clinton 52733-2957

See Mentally/Physically Challenged.

Youth Law Hotline......800-728-1172

Legal advice, information and referrals regarding juvenile matters, including runaways, abuse, custody, paternity, delinquency, etc.

Mon-Fri 8:00am-4:30pm.

#### MENTALLY/PHYSICALLY CHALLENGED

### 

Non-profit Christian community of people with mental disabilities and those who share life with them.

# Clinton County Case Management.....244-0562 1900 No. 3<sup>rd</sup> St. Clinton 52732

Advocacy and referrals for persons Medicaid eligible with developmental disabilities, brain injuries or mental retardation. Coordinates services and financial assistance.

### Clinton County Special Athletes.....243-4065 250 20<sup>th</sup> Ave N, Clinton 52732

Athletic and community centered activities for the mentally challenged.

# Clinton Public Library Homebound Program..242-8441 306 8<sup>th</sup> Ave So. Clinton 52732

Delivers to your home or nursing care facility, audio tapes, magazines and books (regular and large print) to those who can not get to the library.

# Dak, Inc......563-659-4100 108 East Industrial St. DeWitt 52742

Supportive living arrangements for persons with special needs. Supportive socialization skill development, recreational.

Department for the Blind, Iowa......319-365-9111 ......Or 888-346-9557

# 411 3<sup>rd</sup> St, East, Suite 745 Cedar Rapids 52401-1811

Services include vocational rehabilitation, training in alternative coping techniques, independent living for 55 and older, consultation and library service in alternative format.

Department for the Blind, Iowa.....800-362-2587 524 4<sup>th</sup> St. Des Moines. 50309

www.ISBonline. Org

524 4<sup>th</sup> St, Des Moines 50309

# www.IDBonline.org

A state agency providing a wide variety of services because of vision loss. Counselors and teachers will Travel state wide to meet with individuals in their homes. Also features a residential training program located in Des Moines. Library services provide materials in alternative formats mailed to your home. While there is no cost to the services listed above, the

Department also offers a small Aids and Device Store which sells a wide variety of adaptive devices and low vision aids.

### Mentally/Physically Challenged (continued)

# Easter Seal Society......515-274-1529 2920 30<sup>th</sup> St. Des Moines 50310

Equipment for children and adults with disabilities. Camp program for children. Respite services.

# Handicapped Parking permits......243-7144 316 So 2<sup>nd</sup> St Clinton 52732

Apply to Iowa Driver's License Examiner.

# **Home & Community Based Services**

Genesis Visiting Nurse Association.....242-7165 611 No 2<sup>nd</sup> St Clinton 52732

1108 11<sup>th</sup> Ave, DeWitt 52742......563-659-5548

Includes Consumer Direct Attendant Care (CDAC) and Supported Community Living (SCL). A home and community based service provided to waiver eligible consumers to assist them to live in the community supporting a variety of needs.

#### **Homemaker Services**

Genesis Visiting Nurse Association......242-7165 611 No 2<sup>nd</sup> St. Clinton 52732 1108 11<sup>th</sup> Ave, DeWitt 52742

Assists individuals in performing household activities to maintain an environment that is safe and clean.

#### Illinois/Iowa Center for

Independent Living......309-793-0090 501 11<sup>th</sup> St. Rock Island, II 61201

Advocacy, peer counseling, independent living skills, education and outreach. Services for hearing and visually impaired. No age or income limits.

# Iowa Mental Health Recovery......877-ia hope 4u info@iarecovery.rog

# www.iarecovery.org

**IAMHR** advocates for mental health and recovery "nothing about us" components of recovery self- direction, Individualized and person centered, empowerment, holistic, non-linear, strength based, peer support, respect, responsibility and hope. Membership is free.

# Iowa Office of Consumer Affairs......563-726-3244 toddnoack@yahoo.com

www.ocaiowa.org

**OCA** lowa office of consumer affairs, giving a voice to those in recovery and their loved ones" a statewide resource for information, referrals, community education, one on one problem solving and system navigation.

# Iowa Vocational Rehabilitation.....242-7914 215 6<sup>th</sup> Ave South, Clinton 52732

Provides services to help the disabled become employed.

#### Mentally/Physically Challenged (continued)

# Mental Health Advocate......888-301-9451 PO Box 2957 Clinton 52733-2957

Assists mental health patients with services involving court commitment process and aftercare.

# New Choices Inc.....243-6771 2320 N 2<sup>nd</sup> St, Clinton 52732

Services for mentally handicapped, brain injured and mentally ill. MR and BI waivers provide skills training, treatment services, recreation and transportation. Includes respite services. Home health services available.

#### Partners for Exceptional People (PEP)......242-1584

Programs to assist challenged persons to contribute and integrate into the community. Voluntary dues.

# Pathway Living Center......242-3687 562 2<sup>nd</sup> Ave So. Clinton 52732

For adults with severe and persistent mental illness. Offers therapy, evaluations, remedial, supportive community living, transitional housing and supportive services, 24 hour community services and support to improve learning, living, working and social environments.

# Providence & Therapy Services.....243-2285 2320 N 2<sup>nd</sup> St, Clinton 52732

Provides speech and language services for all ages. All types of communication services.

**River Bend Transit......800-292-8959**See Transportation.

Skyline Center......242-2977 1042 Galbraith Drive, Clinton 52732

In home homemaker services for the disabled.

#### PARENTING/FAMILY

# Child Birth Education Classes.....244-3917

Healthy Expectations Classes, Pregnancy Classes, Birth and Beyond Classes.

Please call to register.

# LaLeche League

Anna Mills	815-772-0102
Laura Gassman	815-259-0112
Amanda Carlson	219-6054
Shannon Hardigan	242-1869

Focus is on importance of breastfeeding. Beginning 6-1-15 meets 1<sup>st</sup> Monday of each month at 10: am at Gabel Chiropractic, 217 6<sup>th</sup> Ave So, Clinton 52732.

# **New Parent Program**

- C	
Lutheran Services in Iowa	243-8200
315 5 <sup>th</sup> Ave So. Clinton 52732	

Voluntary home visitation program providing information to families with children prenatal to age 3, to encourage optimal health and development.

### Parenting/Family (continued)

### Parent Pals.....855BeMyPal

Parent Pals is a free connection in Iowa to family support and resources. Through a coordinated intake for many voluntary in-home services, Parent Pals makes it easy for families who are pregnant or parenting to find the right

#### **Parents as Teachers**

Lutheran Services in Iowa.....243-8200 315 5<sup>th</sup> Ave So. Clinton 52732

Home visitation program serving families with children 3-5 years of age providing development knowledge and parental support to encourage the best possible outcomes in children.

# The Pregnancy Center.....242-6628 240 No Bluff Blvd. Ste. #105 Clinton 52732

# info@pregnancycenterclinton.org www.pregnancycenterclinton.org

Mon.-Thus, 12pm-5pm. TREE 3 mentoring program offers classes in parenting, prenatal, infant care, relationships, and Bible Study. Incentive program has diapers, formula, clothes, and toiletries for purchase with moneys earned through class participation. Pregnancy tests, confidential peer counseling, information on ultrasound, post abortion support, sexual health, pregnancy, and education on options.

Women's Health Services......243-1413 2635 Lincolnway, Clinton 52732 229 So Main St, Maquoketa 52060....Or 800-664-1413 Presentations for adults on communicating with youth.

#### PREGNANCY/DIAPERS/MATERINTY NEEDS

Benevolent Society......243-4148 100 So 2<sup>nd</sup> St. Clinton 52732

Limited amounts available.

Bright Beginnings......242-7165 611 N. 2<sup>nd</sup> St., Clinton 52732

weetst@genesishealth.com

A one-on-one program encouraging healthy pregnancies and successful parenting.

# The Pregnancy Center.....242-6628 240 No Bluff Blvd. Ste. #105 Clinton 52732

Mon.-Thus, 12pm-5pm. Pregnancy tests, confidential peer counseling, information on ultrasound, post abortion support, sexual health, pregnancy, and education on options. TREE 3 mentoring program offers classes in parenting, prenatal, relationships, and Bible Study. Incentive program has diapers, formula, clothes, and toiletries for purchase with moneys earned in TREE 3 class.

#### Pregnancy/Diapers/Maternity Needs (continued)

W.I.C. (Women, Infants and Children)	
Hillcrest Family Services	243-9329
See Basic Needs/Foods	
Women's Health Services	243-1413
2635 Lincolnway, Clinton 52732	
229 So Main St. Maquoketa 52060	563-652-3749
	800-664-1413

#### **RECREATION**

Boy Scouts of America......563-388-7233 4412 Brady St. Davenport 52806

www.illowabsa.org

Character building programs for boys and young male adults. Call your local school for information on becoming a scout or volunteer.

### Clinton Recreation Department......243-1260 1401 11<sup>th</sup> Ave No Clinton 52732

Activities for all ages. Facilities include the Erickson Center, Eagle Point Lodge, Riverview Pool, Band Shell and Softball fields. Public classes and activities for nominal fee.

# Girl Scouts of Eastern Iowa & Western Illinois......800-798-0833

Activities for girls ages 5-17. Build character and develop qualities that will serve them all their lives such as leadership, strong core-values, social conscience and conviction about their own potential and self-worth.

YWCA......243-1364 317 7<sup>th</sup> Ave So. Clinton 52732

Provides recreational and health related programs for youth, adults and senior citizens.

#### **SENIOR SERVICES**

Experience Works	319-365-7559
	800-782-7519
800 7 <sup>th</sup> St SF Cedar Rapids 52401	

### 800 7" St SE Cedar Rapids 52401

Non-profit, national charitable community based organization focused on meeting the employment and training needs of low income people age 55 and older.

Milestones......243-3473 ......855-410-6222

# 935 E 53<sup>rd</sup> St, Davenport 52807

### www.milestonesaaa.org

Connects seniors age 60+ and their caregivers with services enabling them to remain in their homes for as long as possible. Also offer job search and employment assistance for persons 55 and over. Provides services to adults with disabilities.

#### Senior Services (continued)

<b>Genesis Visiting Nurse Association</b>	242-7165
611 No 2 <sup>nd</sup> St. Clinton 52732	
DeWitt	563-659-5548
Home Helpers	563-386-4369
4571 Sheridan St. Davenport 52806	

Provides personal companionship, light housekeeping and errands for seniors, new moms and people who need a little extra help due to illness or injury. Also provides in-home monitoring with Direct Link.

**Homemaker Services** 

Genesis Visiting Nurse Association......242-7165

DeWitt......563-659-5548

See Mentally/Physically Challenged.

**Jackson County** 

Senior Citizens Center.....563-652-6771 1000 East Quarry St. Maquoketa 52060

seniorctr@iowatelecom.net

Adult daycare with recreational activities.

Mercy Medical Center Advantage.....244-3539

Services for seniors include: health screening, discounts, exercise programs and newsletter.

Mobile Meals United, Inc. (RSVP).....243-7787 See Basic Needs/Food.

River Bend Transit......800-292-8959
See Transportation

NE Iowa Area on Aging......563-652-6771 ......Ext #4 or #5

Senior Citizens Law Project......800-627-1596 (H.E.L.P. legal Assistance)

See Legal Assistance.

SeniorsVSCrime/TRIAD......242-9211ext.4433 241 7<sup>th</sup> Ave No. Clinton 52732

Seniors and law enforcement working together to reduce victimization of older citizens and enhance the delivery of services to the population.

Social Security Administration......855-420-8556 4319 No Brady, Davenport 52806 www.social security.gov

Assists persons in filing for supplemental security income, disability, survivors and retirement benefits. All business can be conducted over the phone and online.

#### Senior Services (continued)

TLC In-Home Care......242-2977 1042 Galbraith, Clinton 52732

In-home chore services including respite care, personal care, housekeeping, companionship, medication administration. Shopping and transportation. Short or long term 24 hour care to allow vacation or other personal time for family caretakers. Also lawn mowing and snow removal available.

#### **SUBSTANCE ABUSE**

Alcoholics Anonymous......242-8136 521 So 3<sup>rd</sup> St. Clinton 52732

Support for fellow alcoholics through informative literature and group interaction. Daily meetings. Call for times.

Narcotics Anonymous
Unity Group
515 So 3<sup>rd</sup> St. Clinton 52732
Meets daily at noon and 7:00PM.
Fellowship Group
1004 So 4<sup>th</sup> St. Clinton 52732

Meets daily at 7:00PM

Hightower Place.....242-2042 2727 So 19<sup>th</sup> St. Clinton 52732

Housing and support program for recovering women and their children.

King House.....242-6805

Provides halfway house for homeless adult males who have been treated for substance abuse and need support to rebuild their lives in the community.

New Directions......243-2124 250 20<sup>th</sup> Ave North, Clinton 52732

24 hour phone service. Prevention and out-patient substance abuse services for individuals and families. Sliding fee scale.

ND Housing.....243-2262 2733 So 19<sup>th</sup> St. #A1, Clinton 52732

Fax.....563-243-2251

Housing for low income families. Priority given to recovering substance abusers. Ten 2-3 bedroom units.

# **SUPPORT GROUPS**

Alcoholics Anonymous......242-8136
See Substance Abuse.

Alzheimer Support Group......244-3706
Mercy Medical Center South
638 So Bluff Blvd. Clinton 52732

Meets regularly to provide support to caregivers, families and patients with Alzheimer's or related disorders.

#### **Support Groups** (continued)

Bridgeview Mental Health Center.....243-5633 **Mercy Medical Center South** 638 So Bluff Blvd. Clinton 52732 Community support program for persons with chronic and

persistent mental illness. Diabetic Forum......519-0309

Medical Associates 915 13<sup>th</sup> Ave No. Clinton 52732 Help to understand diabetes and its' complications. Call for times. See Community Health.

**Eastern IA Center for Problem Gambling** 

For Help or more information call 216 W. Third St., Davenport.....563-322-2535 Clinton......242-3880

First Circle of Friends......563-321-0030 Immanuel Lutheran Church, 819 S. 5th St. Clinton, IA and St. Paul Lutheran Church, 715 S. 3<sup>rd</sup> St. Clinton, IA 52732 www.LSlowa.org/FCF

Group for individuals with early to mid-stage memory loss and their caretakers. Held the 2<sup>nd</sup> Friday of the month at Immanuel Lutheran Church and the 4th Wednesday of the month at St. Paul Lutheran Church from 10 AM-3 PM

Gay/Lesbian......309-786-2580 ......309-269-9037

**Quad Citians Affirming Diversity (QCAD)** 208 18<sup>th</sup> St. Suite 210, Rock Island, Il 61201 www.qcad.out for good.org

Provides services for gays/lesbians, bisexuals, transgender and their family and friends.

Gay & Gray-3<sup>rd</sup> Monday every month. Teen Drop In-Friday 6:30pm-9:30pm. Young Adults-Wednesday-----7:00pm.

**Grandparents and Other United for Positive** Changes......563-613-2850 **Coalition for Helping Children & Families** www.s.darsidan@mchsi.com

Advocate for children and families. Educate and bring awareness to the neglect and abuse of children and work together for change. Support as needed.

Grief Support.....244-3664 Mercy Hospice.

#### **Support Groups** (continued)

### **Griefshare General Support Groups** www.griefshare.org

Faith Community Church	563-652-3373
511 W Summit St Maquoketa, IA 52060	
First United Methodist	242-5868
236 7 <sup>th</sup> Ave South Clinton, IA 52732	
Zion Lutheran Church	242-7391
439 3 <sup>rd</sup> Ave South Clinton, IA 52732	

Iowa Dept. for the Blind......242-3255 .....or 259-8766

V.I.P. Visually impaired support group usually meets the 2<sup>nd</sup> Wednesday of the month at 5:00pm at Gil's Restaurant in Clinton. If interested must call at least 5 days prior to meeting to attend.

Living Through Cancer Support Group.....563-242-7391 Zion Lutheran Church, 439 3<sup>rd</sup> Ave. S., Clinton, IA 52732 Support group for people diagnosed with cancer and their family, caregivers and friends held Mondays at 6 PM.

Pulmonary Rehabilitation.....519-1832 **Medical Associates** 915 13<sup>th</sup> Ave No. Clinton 52732

Support for those who suffer from respiratory conditions, asthma, emphysema, etc. Need physician referral.

Share Embraces......563-522-2425 Support group for those who have, or know someone who has, experienced still birth or early infant loss. Call for hours and location.

Speak Out Against Suicide of Suicide support group Garner Hall 311 9<sup>th</sup> Ave Camanche, IA 52730 www.speakoutiowa.org

speakoutcamanche@gmail.com Held the 3<sup>rd</sup> Sunday of each month 2-3pm.

Survivors of Suicide......1-815-589-3425 **Chapel of Second Reformed Church** 703 14<sup>th</sup> Ave, Fulton, IL 61252 Held the 2<sup>nd</sup> Monday each month at 7:00.

1-800-Bets Off......1-800-238-7633 Outside Iowa.....1-800-522-4700

www.1800betsoff.org

National Hotline who will direct you to the county in which you live.

#### **TAXES**

# Income Tax Preparation......243-7787 315 So 3rd St. Clinton 52732 (RSVP

Trained RSVP volunteers offer free assistance with Federal and State income tax preparation for low income or senior citizens. We do e-file.

# Property Tax and Rent Reimbursement 315 So 3<sup>rd</sup> St. Clinton 52732 (RSVP)

Trained RSVP volunteers assist in completing forms for totally disabled, or seniors 65+ who meet income guidelines. Services offered February through June.

#### **TRANSPORTATION**

Municipal Transit Administration.....242-3721 1320 So 2<sup>nd</sup> St. Clinton 52732

All buses handicapped accessible. Para transit service available.

River Bend Transit......800-292-8959

Regional public transit system provides rides for Clinton County seniors and disabled persons for donation. Provides transportation to University of Iowa Hospitals and clinics.

#### **VETERANS**

# American Red Cross.....242-5223 1220 13<sup>th</sup> Ave No. Clinton 52732

Provides emergency communications between members of the Armed Forces and their families. The Red Cross also has licensed mental health professionals to provide guidance, information, referrals and other needs for military personnel and their families. Call for more information.

Christian Care Rescue Mission......309-786-5734 2209 3<sup>rd</sup> Ave, Rock Island, Ill. 61201

Provides GPD and transitional housing for men and women Veterans.

Clinton County Veterans Affairs......242-1151 PO Box 2957 Ed Stazewski 1900 No 3<sup>rd</sup> S t. Clinton 52732

#### veterans@clintoncounty-ia.gov

Emergency help for Clinton County residence honorably discharged war-time veterans. Includes rent, utilities and other emergency assistance. Medical vocational rehabilitation and other VA benefits. Pension and compensation for veterans, widows and dependents. Forms for Medals, Commendations and copy of discharge.

### **Veterans** (continued)

Goodwill HVRP......309-230-9003 805 W 35<sup>th</sup> Street Davenport, IA 52806

Provides employment support to men and women Veterans in the Quad Cities Area.

GPD......319-631-3748 (Grand & Per Diem Liaison Kevin Strunk)

Homeless Hotline......877-424-3838

Humility of Mary......563-322-8065 1016 West 5<sup>th</sup> Street Davenport, IA 52802

Provides GPD and transitional housing for men and women Veterans.

Illinois Veteran's Affairs......309-793-1460
Rock Island County Office Building
Lower Level-1504 3<sup>rd</sup> Avenue- Dan Bebber

The Illinois Department of Veterans Affairs assists Veterans in navigating the complex web of services and benefits available. The office assist with comp and pen, health care, education and training, employment, burial and survivor benefits, housing, permits, transportation, military records and more.

VALOR......563-345-6191 1212 West 3<sup>rd</sup> Street Davenport, IA 52802

Veterans Accessing Long-Term Opportunities & Resources Program (VALOR) The VALOR program serves very low-income U.S. military veterans and their families from Scott, Muscatine and Clinton Counties, Iowa and Rock Island, Henry, Whiteside and Mercer Counties, Illinois who lack homes or are in immediate risk of losing their housing. VALOR staff help program participants to rapidly access permanent housing or to maintain their current housing and help them address the issues that led to their housing crisis.

VA Homeless Outreach Center......309-786-1614 4000 46<sup>th</sup> Avenue Rock Island, IL 61201 VA Homeless Outreach Center.....319-365-0898 1535 1<sup>st</sup> Ave SE Cedar Rapids, IA 52402 Health Care for Homeless Veterans (HCHV) Outreach......319-383-2666

Provides basic needs of shelter, food, clothing, and referral to supportive services and entitlement benefits to homeless Veterans and those in danger of being homeless.

Veterans Outreach Justice (VJO)......563-370-9887 Provides education and intervention on behalf of Veterans involved in the justice of legal system.

#### Veterans (continued)

# Veterans Assistance Commission......309-558-3546 Rock Island County Office Building Lower Level – 1504 3<sup>rd</sup> Avenue

Todd Harlow of the Veterans Assistance Commission offers financial assistance (rental vouchers, food vouchers, hygiene vouchers, utility vouchers) to qualified Veterans. The Veterans Assistance Commission also assists with claim benefits as well as with temporary loan of medical equipment.

Scott County Veterans Affairs.....563-326-8723 600 West 4<sup>th</sup> Street

## Davenport Iowa 52802

Dave Woods of the Scott County Veterans Affairs office is able to help qualified wartime era Veterans help with disability claims and also burial information.

#### VIOLENCE

# Child Abuse Reporting......800-362-2178 Department of Human Services

24-hr phone service. Call to report any suspected child and dependent abuse.

Caller may remain anonymous.

# Clinton Humane Society......242-2457 1473 Main Ave. Clinton 52732

Temporary housing of pets for victims of domestic abuse and disasters.

#### www.iowaattorneygeneral.gov\for-crime-victims

Assists crime victims with the financial burden resulting from crime injuries, for example: medical, counseling and funeral expenses. Administer IOWAvine (information and notification of offender custody status) and the lowa Crisis Response Team.

SafePath Domestic Abuse and Sexual Assault Comprehensive Programs include: counseling, therapy, medical advocacy, legal advocacy, housing referrals, children's counseling and programming, group counseling, educational programs, employment assistance/referrals, community education/trainings, and safety planning.

#### SafePath Survivor Resources of Family Resources

A community based program that serves the need of all individuals and families affected by domestic or sexual violence, human trafficking or other violent crimes. Services available through <code>SafePath</code> Sheltering and Housing Services include: emergency sheltering, 24-hour crisis line, 24-hour emergency response to hospital/police department for victims, counseling, medical advocacy, legal advocacy, housing referrals, children's programming, transportation assistance, food and necessary living supplies, employment assistance/referrals, and safety planning.

24 HOUR TOLL FREE NUMBER:

866-921-3354

#### YOUTH/JUVENILE

# American Red Cross......242-5223 1220 13<sup>th</sup> Ave No. Clinton 52732

Offers many youth preparedness programs; Babysitting Training, Scrubby Bear-Personal Hygiene, Masters of Disaster, Longfellow's Whale Tales, First Aid for Children Today (F.A.C.T.) Basic Aid Training (B.A.T.). Call for more information.

Big Brothers Big Sisters.....243-4223 250 20<sup>th</sup> Ave N Ste. 212, Clinton 52732

### www.bbsclinton.org

Helps children reach their highest potential through professionally supported one-to-one mentoring relationships with measurable impact in community and school based programs.

Clinton Public Library.....242-8441 306 8<sup>th</sup> Ave So. Clinton 52732

Books, videos, audio cassettes for children and young adults. Story hours, free computer use, summer reading program and materials on parenting.

Toddler Time—Clinton Public Library 9:30-9:50am every Tuesday.

Toddler Time---Children's Discovery Center 10:00-10:30am  $2^{nd}$  &  $4^{th}$  Thursday.

#### **Department of Human Services**

Child Abuse......800-362-2178

24-hr phone service. Call to report any suspected child or dependent abuse. Caller may remain anonymous. Protective services for children and adults. Handles all child abuse/neglect complaints. Crisis counseling and intervention.

Job Corps......563-445-0656 See Employment/Job Training.

#### **School Resource Officers**

Clinton High School......243-7540 ext.1183 Clinton Middle School......242-7858 ext. 1090

Community police officers assigned to assist students with a wide variety of problem situations, both personal and school related.

Step-In Program......243-8200 (Short Term Evaluative Program for Immediate Needs) Lutheran Services

### **315** 5<sup>th</sup> Ave So. Clinton 52732

This is a 45 day program that assists adolescents who are on the verge of losing their placement in their home. The family will be connected to resources in the community that will assist them with issues to prevent further crisis. Referrals are only accepted by professionals in the community, i.e. School, Counselors, Police, and Hospital Personnel.

Teen Hot Line.....800-443-8336 Health/Medical

Youth Law Hotline......800-728-1172

Alcoholics Anonymous: 28 Alzheimer's Support Group: 28 American Red Cross: 11, 13, 14, 31, 34

Arch Inc.: 22

Benevolent Society: 4, 6, 13, 25 Big Brothers/Big Sisters: 34 Blood Pressure Screening: 17 Boy Scouts of America: 26 Bridgeview Mental Health: 12, 29

Bright Beginnings: 25

Bethany for Children & Families: 4 Cancer Support Group: 30 Carroll Assistance Center: 4, 6, 8 Child Abuse Reporting: 33, 34 Child Support Recovery Unit: 21

Childbirth Classes: 24
Citizen's Police Academy: 10
City Animal Control: 10

Clinton Area Chamber of Commerce: 10 Clinton Coalition for the Disabled: 23

Clinton/Jackson Coalition for the Homeless: 10

Clinton Community College: 14 Clinton Community School District: 12

Community Schools: 13

Clinton Convention & Visitors Bureau: 10 Clinton County Case Management: 22 Clinton County Health Department: 17 Clinton County Special Athletes: 22 Clinton Ecumenical Housing: 7 Clinton Humane Society: 10, 14, 33 Clinton Public Library: 22, 34 Clinton Recreation Department: 26 Clinton Regional Development: 10

Community Action of Eastern Iowa: 6, 7, 8, 9, 15

Child Health Specialty Clinics: 17, 18 Community Health Dental Clinic: 19

Concerned DeWitt Citizens Information & Referral:4,6,8

Cornerstone Wellness Center: 12 Council of Social Agencies: 11

Crime Victims Assistance (Div. of IA Atty. Gen): 33

**DAK: 22** 

Department of Community Development: 11 Department of Human Services: 5, 8, 9, 33, 34

Diabetic Forum: 29

Downtown Clinton Partnership: 10

Eastern Iowa Center for Problem Gambling: 29

Easter Seal Society: 23 Elvira Food Pantry: 6 Experience Works: 26 First Circle of Friends: 29

Gay/Lesbian: 29

General Assistance, Clinton County: 7, 8, 20 Genesis Health Group of Clinton: 17

Genesis Medical Center: 20

Genesis Visiting Nurse Assoc.: 10,13,18,19,20,,23,27 Getting Ahead in a Just Getting'-by-World: 11 Girl Scouts of Eastern Iowa & Western Illinois: 26

Goodwill of the Heartland Employment: 15, 32 Grandparents and Others United for Positive:

Changes: 29
Grief Support: 29

Habitat for Humanity of Clinton County: 7

Harmony House: 16

Health Care for Homeless Veterans: 21

Help Legal Assistance & Senior Citizen Law Project:21,27

Hightower Place: 7, 28

Hillcrest Family Services, WIC: 7, 12, 26

Holiday Network: 11

Homeless Veteran Reintegration Program: 15

Human Rights Commission: 21

1-800-Bets Off: 30

Illinois/Iowa Center for Independent Living: 23

Income Tax Preparation: 31

Information, Referral & Assistance Services: 4, 6, 8, 9

Iowa @work: 15 Iowa Concern: 21

Iowa Department of the Blind: 18, 22, 30 Iowa Department of Public Health: 19 Iowa Housing Authority, City of Clinton: 7 Iowa State University Extension Office: 14 Iowa Vocational Rehabilitation: 23 Iowa Work Force Development: 16

Job Corp: 16, 34

Juvenile Court Services, Clinton County: 21

Jackson County Senior Citizen Center: 27

King House: 7, 28 LaLeche League: 24 Link-Up/Lifeline: 8

Lost Nation Food Center: 6

Lutheran Services of Iowa: 13, 24, 25 Make-A-Wish Foundation: 11 Medical Associates: 17, 19, 29, 30 Mobile Meals United: 6, 27

Municipal Transit Administration: 31

Narcotics Anonymous: 28

New Choices: 24 ND Housing: 7, 28 New Directions: 28

Operation New View: 8, 9, 15

Pantries United: 6

Partners for Exceptional People: 24

Parent Pals: 25

Pathway Living Center: 7, 24
Patient Assistance Program: 20
Pregnancy Center: 13, 15, 16, 25

Prince of Peace Preschool & Childcare: 9

Private Schools: 14 Promise Jobs: 16

Property Tax & Rent Reimbursement: 31 Pulmonary Rehabilitation: 19, 30 Quad Citians Affirming Diversity: 29

River Bend Transit: 24, 27, 31

RSVP (Retired Senior Volunteer Program: 6, 11, 27, 31

SafePath Survivor Resources:33 School Resource Officers: 34

S.C.O.R.E.: 10 Seniors vs. Crime: 27 Share Embraces:30 Skyline Center: 24

Smart Choice Food Source: 6
Soaring Eagle Nature Center: 12
Social Security Administration: 27
Stay-N-Play Childcare/Preschool: 9

Step-In Program: 34 The I80 Zone: 5

The Healing Place: 12, 19

The Project of the Quad Cities: 16

Theplace2b:

TLC In-Home Care: 28 Toddler Time: 34

United Way of Clinton County: 12

University of Iowa Hospitals & Clinics: 19, 20 Veterans Affairs, Clinton County: 9, 31 Veterans Outreach to Homeless: 7, 20, 32

Women's Health Services: 15, 16, 17, 19, 20, 25, 26

Youth Law Hotline: 34 YWCA: 9, 10, 26

Zion Childcare and Preschool: 10

# **INFORMATION & EMERGENCY NUMBERS**

Emergency	911
Police Department (non-emergenc	v)
Camanche, Iowa	
Clinton, Iowa	
DeWitt, Iowa	
Devitt, lowa	033 3143
Fire Department (non-emergency)	
Camanche, Iowa	259-1112
Clinton, Iowa	243-1458
DeWitt, Iowa	659-3000
Information:	
Clinton County Board of Supervisors	s244-0575
Clinton County Crime Stoppers	
	00-462-6530
Clinton County Sheriff	
Clinton Dept. of Human Services	
Hospital ER/DeWitt	
lowa Driver's License Examiner	
Mayor's Office/Camanche	
Mayor's Office/DeWitt	
Mayor's Office/Clinton	
Post Office/Camanche	
Post Office/ Clinton	
Post Office/DeWitt	
Social Security Administration8	
Time, Temperature & Weather	
Veterans Affairs	
Weather/Road Conditions	511
State/National Hotlines:	
Arthritis Center	800-327-3027
Child & Adult Abuse Neglect	800-362-2178
Consumer Product Safety	800-638-2772
Iowa Dept. of Human Services	800-798-4737
Hospital Nurses Advice	.800-358-2767
Missing/Exploited Children	.800-843-5678
Organ Donation	
Poison Control	.800-222-1222
Runaway Switchboard	
STD Hotline (English)	
STD Hotline (Espanol)	
Substance Abuse	
Teen Health Line	
Youth Law Hotline	
TOGET LAW HOUTHE	500 720-1172